

Zone 5 inner

Section 3, Sidcup to Chislehurst

Distance: 4.67 mi, 7.47 km

Introduction

This is a fairly straightforward section. The first half is largely suburban. The second half is rural.

There are places to eat at the start, and a pub near the middle, but there is nothing at the end.

Directions

Leave Sidcup Station on the north side, by platform 2, and carry on down the ramp parallel to the railway.

At the main road, turn right then left into Old Farm Avenue.

Take the footpath on the left, between nos. 101 and 103.

Cross over the railway.

At the end, turn left onto a residential road.

At the T junction, turn right.

Turn left into Longlands Recreation Ground.

Keep straight ahead until you reach a paved path. Then bear right and take a rough diagonal path to the far right-hand corner of the park.

Leave the park through a kissing gate.

Turn right onto a residential road and follow it round to the left.

At the main road, turn right then left into Stafford Road.

At the end take the footpath on the left.

At the end turn right.

At the end, keep straight ahead along the footpath.

Cross the dual carriageway at the gaps in the central crash barriers.

Then take the footpath just to the left of the green gates.

At the first intersection, bear left.

After a kissing gate, keep straight ahead along a road.

Cross the main road and carry on into Scadbury Nature Reserve.

Turn right onto a crossing path.

Keep on the path as it winds its way through the woods. Pass a carpark on the right.

A little after crossing a tarmac driveway, turn sharp right. Here we briefly join the London Loop.

Bear right at the T junction.

Then turn left along the driveway.

Cross the main road, and bear left onto the footpath opposite.

At the fork, bear right. Here we leave the London Loop.

Keep straight ahead until you reach a T junction. Then turn right.

Turn left then right in quick succession. You should now have open grassland on the left and woods on the right, going downhill.

Keep straight on at the next intersection.

At the T junction, turn left onto a track.

Take the next footpath on the right.

After a kissing gate, keep straight ahead.

Follow the path downhill, until you reach a minor road.

Turn right along it.

Keep going until you reach the main road.

Take the footbridge over the main road to reach Chislehurst Station.